



From The President

I particularly wish to welcome our new members and especially invite them to join in and participate in our diverse range of activities. Besides our weekly guest speakers, we conduct monthly sessions in special interest groups such as History, Current Affairs, Poetry, Music, Book Club, Creative Writing and visits to the Botanic Gardens. All sessions are led by members of our U3A. If there is any area of interest or expertise on a particular subject anyone would like to put forward and lead as a special interest group please raise it with me or a committee member.

Thanks to our Program Co-ordinators, Geraldine Smith and Pam Fidler, our weekly guest speakers continue on a wide range of topics and are of a high standard.

Another regular feature of our program is travelling to outside locations to visit places of interest. This year we have visited the Old Treasury Buildings to inspect the Tunnels, and the Planetarium at Mawson Lakes. We will celebrate our 10th birthday on 5th August with a lunch at the Lockleys Hotel.

There are many U3As in SA and their size and level of activities vary widely. Each year one of the U3As conducts a state-wide "Rendezvous". The U3A Adelaide Hills is conducting this year's on October 22nd, 23rd and 24th in Hahndorf. There will be information handed out shortly, so keep this in mind as it should be an interesting event.

Lastly, I would like to extend a grateful thank you to all those who help in a variety of ways that contribute to the running of our U3A, and I look forward to the remainder of the year's guest speakers and activities.

Col Levy

2019 Semester 2 Program

Included in this Newsletter is our Program for Terms 3 and 4. The Program Co-ordination Subcommittee, headed by Geraldine Smith and Pam Fidler, has put together a varied program of interesting speakers and topics. If anyone has come across or hears of an interesting speaker, or would like to give a presentation, please speak to Geraldine or Pam.

Interest Groups

In addition to the weekly event, U3A Charles Sturt has seven interest groups. They are: **Poetry, Music, Creative Writing, History, Current Affairs, Book Club, and Botanic Gardens.** These meet monthly and the timetable and venue for each are set out on page 5 of this Newsletter. If you have an interest that you would like to pursue with several other members, the Committee can assist you in arranging this and in booking a meeting room.

Music Group (Jane Frankham)

A variety of music was made by some guest musicians and, happily, from our members. A few blips with the tech equipment occurred, but thanks to Col, Ron, Peter, Ted and Neil the problems have been resolved.

We have a musical mixture on offer this semester. For the August session, Neil is preparing a presentation on singing and song. Wendy Sleightholme will present a selection from her favourite operas in September. The November session will be exciting when the Fulham North School Choir present their Schools Festival music. Our member Stephen will close the year in December with his pipes and songs for his audience to join in with the singing.

Thanks to all who have attended the Music Group in Semester 1. I hope you will enjoy Semester 2.

History Group (Nancy Vasileff)

Wow, what a resourceful group we have in History, keen to research and participate on various topics.

The past semester we have researched the stories behind myths, and we are currently looking into the lives of music composers - the background stories are absolutely fascinating!!

Do remember that all are welcome to come along to participate, or just listen in.

Book Club (Annette Day)

So far this year we've had an average of 9 out of 10 members attend our monthly discussions.

We've had many varied opinions on the following list of books we've read: *Dyschronia* by Jennifer Mills; *The 100 year old man who climbed out the window and disappeared* by Jonas Jonasson; *Anything is possible* by Elizabeth Strout; *Dustfall* by Michelle Johnstone and *Wimmera* by Mark Brandi.

Here's to more friendly discussions.

Poetry (Terry Paterson)

Participants get to read to the group their favourite or newly discovered poems. Poems written in between the years 1850 to say, 1950 seem to be the most popular. Australian poems figure prominently by writers such as Paterson, Lawson, Slessor, Judith Wright and C. J. Dennis. Many English and American poets are also popular. All of these people have written poems that are relatively easy to interpret on the first reading (or listening).

Often at our meetings the subject written about is briefly discussed as well as the motivation the poet may have had to write their work. Poetry reading not only gives participants the opportunity to appreciate the beauty of

our language, it is also of benefit as a way of keeping our minds active.

Poetry uses the common language of our daily speech, but it is often written in a sequence and order that surprises us out of our normal speech rhythms and linear thought processes. So give poetry reading a go. New members are always welcome. Come along to see how it all works and maybe in doing so, you will find a new interest or renew an old one.

Botanic Gardens (June Littleford)

We have enjoyed walks through the Adelaide Botanic Gardens on the second Monday of the month throughout the year.

A small group have turned up each time and we have explored all corners of our wonderful garden. As the season changes there are new things to see.

Thank you to my participants - I really enjoyed our laid-back walk and talks.

Current Affairs (Ted Manka)

The **Current Affairs Group** discusses current topics at the local, State, National, and International level. Discussions are wide ranging and of a non-political nature, although political issues can be discussed if members wish to. All viewpoints are respected and members have said their knowledge has broadened as a result.

Outings (Ros Emms)

Outings are an important part of our education program. The aim is to have at least one outing per term.

The outing in March to the Old Treasury Building was well attended, and of great interest. Just a few weeks ago, a group travelled to Mawson Lakes for a visit to the Adelaide Planetarium at the University of SA (see reports below).

Because the season was not deemed suitable, the planned bus tour for June has been postponed until later in the year. At this stage, it's planned for October.

I thank members for their helpful suggestions for activities and places to visit. I have a nice long list to choose from.

The 3rd term outing will be on 12th August – see program for details.

Old Adelaide Treasury Building

A group of 26 members had a wonderful outing on 20th March when we had a guided tour of the Old Adelaide Treasury Building. This included a visit to the tunnels that run under Victoria Square.

Arranged through the National Trust of SA, our guide Graham was extremely knowledgeable, and very enthusiastic. In 2002 the building was converted into the Adina Apartments Hotel. The original exterior was retained, and much of the internal structure is still on display. It is a truly stunning building – lots of the

apartments have a plaque explaining which Government Minister - from the time of Charles Kingston up to the time of Sir Thomas Playford - used which room in the past. Many historic photographs are displayed along the corridors.

Between 1876 and 1968, this building housed some State Government offices, and the Cabinet Room. The Cabinet Room has been kept almost as it was, with the original and beautiful Cabinet Table and leather chairs (see photo). The original wooden cabinets around the walls are filled with bound copies of parliamentary papers. Many decisions were made in this room including: Votes for women; allowing women to stand for parliament; and the decision to sign up for national Federation. The Lands Registry Office was housed in the building in the 1800s, where Robert Torrens developed the Torrens Title system, still used around the world today.

Descending into the basement area, we entered the tunnels. There are many tunnels going in various directions under the main streets of the city with each serving a different purpose. One was used to store gold and another goes as far as Parliament House on North Terrace. For safety reasons these tunnels are now blocked off. We were only able to access the first few metres where the early Government Press was housed, complete with the old furnace used to melt the lead for the typeface for the printing.

We finished the tour in the quiet, secluded courtyard behind the Town Hall where there is a water fountain dating back to the 1800s.

Kate and Allan McDonald



Planetarium

On 20th of June a group of our members attended the Planetarium, an adjunct to the University of South Australia, Mawson Lakes Campus. We were quietly ushered into quite a large, yet intimate circular auditorium by our host and sage. The auditorium was fitted with seats that “lay back” and a full domed ceiling. In the centre, a complex multifunction, computer controlled projector was used to project the night sky onto the ceiling, without the impairment of rogue clouds or fugitive city lights (see photo).

The planetarium lights were progressively extinguished, eventually providing darkness with a bluish haze on the western boundary of the dome, representing sunset. The projector burst into life, progressively displaying the brightest stars, which were the planets Jupiter and Saturn in the east. As the sunset haze vanished more stars progressively came into view, particularly the Scorpion Constellation and the Southern Cross, along with thousands of others.

Mimicking the earth's rotation, the projector gradually moved the Cosmos across the dome, until a slight orange haze appeared in the east, accompanied with a variety of birdcalls, representing morning. We had travelled through a 12-hour night cycle.

The demonstration at the facility by our host provided a truly amazing experience. It emphasised that our earth is a mere dot within the Milky Way Galaxy and almost insignificant within the structure of the vast Cosmos. Navigation by the stars and indigenous naming of Constellations were discussed. We were very impressed with this truly amazing experience.

A big thank you to Ros Emms for making this visit possible.

Andy and Chris Zantvoort



On April 30th, our most senior member, Noeline Laing celebrated her 102nd Birthday



Dates for your Diary

Term Times

Term 3	23rd July - 24th September
Term 4	15th October - 10th December

Events

Birthday Lunch	Monday, 5th August
Christmas Lunch/End of Year	Tuesday, 10th December

2020 Enrolment Day: Tuesday, 28th January

Time: 1.00 pm – 3.00 pm

**Venue: Fulham Uniting Church Hall
16 Madeline Cres. Fulham**

U3A Charles Sturt Committee Office Bearers 2019

President	Col Levy
Vice-President	Pam Fidler
Treasurer	Aldis Auliciems
Secretary	Pauline Lane
Public Officer	Pam Fidler
Program Co-ordinators	Geraldine Smith, Pam Fidler,
Caterers	Geraldine Smith, Melva Tripodi
Website/Records	Pauline Lane
Outings	Ros Emms
Committee	Jennifer Brown
	Melva Tripodi
	Cherie Levy

Newsletter/Computer	Ted Manka*
Gifts	Irene Manka*
Auditor	Allan McDonald*
U3ASA Delegates	Sandra & Steven Carr*

* Non Committee Members

The Committee meets on the 4th Tuesday of the month immediately following the U3A meeting.

U3A Charles Sturt Inc. - Guest Speakers and Activities

Email: u3aCharlessturt@hotmail.com
 Website: www.u3aCharlessturt.com
 Phone: 08 8356 4280 (Geraldine)
 0488 939 311 (Pam)



Meets: Tuesdays: 1.30 – 3.00
 Fulham Uniting Church Hall
 Madeline Cres, Fulham

TERM 3 - 2019

TERM 4 - 2019

23 Jul.	Ancient Egypt <i>Michael O'Donoghue</i>	15 Oct.	Quirky Colonial Adelaide <i>Graeme Fanning</i>
30 Jul.	Kangaroo Island <i>Graham Rees</i>	22 Oct.	Royal Flying Doctor Service
5 Aug.	10th Birthday Lunch, Lockleys Hotel	29 Oct.	Therapeutic Benefits of Gardening <i>Dean Gaston</i>
6 Aug.	Swimming for Australia <i>Matt Cowdrey OAM MP</i>	Oct.	Mystery Bus Tour being planned
12 Aug. OUTING	Wittunga Botanic Garden, Blackwood Picnic Lunch and Guided Walk (Joint outing with Adelaide Botanic Garden Group)	5 Nov.	TBA
13 Aug.	My Ambulance Life <i>Dr Graham Talbot</i>	12 Nov.	Adelaide to Parachilna - Geology <i>Neville Alley</i>
20 Aug.	Great Victoria Desert <i>Jan Forrest</i>	19 Nov.	Some of my Favourite Australian Artists <i>Kay Bennetts</i>
27 Aug.	Bernie's Green Box <i>Mark Lewis</i>	26 Nov.	Egypt – More than Pharaohs and Pyramids <i>Helen and Roger Bills</i>
3 Sept.	Shelter SA <i>Dr Alice Clark</i>	3 Dec.	Botanic Gardens/Adelaide Zoo <i>Trevor Klein</i>
10 Sept.	TBA	10 Dec.	Christmas Party
17 Sept.	Movement with Safety <i>Nicole Opperman</i>		
24 Sept.	COTA – Moving Right Along		

Timetable for Special Interest Groups

POETRY	MUSIC	CREATIVE WRITING	HISTORY	CURRENT AFFAIRS	BOOK CLUB	BOTANIC GARDENS
1.30pm – 3.00pm Thursday	3.15pm – 4.15pm Tuesday	12.00 – 1.15pm Thursday	1.30pm – 3.00pm Thursday	1.30pm – 3.00pm Thursday	1.30pm – 3.00pm Thursday	11.00am 12 noon Monday
Convener: Terry Paterson	Convener: Jane Frankham	Convener: Ann Edwards	Convener: Nancy Vasileff	Convener: Ted Manka	Convener: Annette Day	Guide: June Littleford (0403 107 215)
Venue: Henley Library Learning Room 379 Seaview Rd. Henley Beach	Venue: Fulham Uniting Church Hall, Madeline Cres. Fulham	Venue: Henley Library Learning Room 379 Seaview Rd. Henley Beach	Venue: Henley Library Learning Room 379 Seaview Rd. Henley Beach	Venue: Henley Library Learning Room 379 Seaview Rd. Henley Beach	Venue: Henley Library Learning Room 379 Seaview Rd. Henley Beach	Venue: Meet at the North Terrace Gate A donation of \$2 is appreciated by the Gardens.
1st Thursday in month	1st Tuesday in month	2nd Thursday in month	2nd Thursday in month	3rd Thursday in month	4th Thursday in month	2nd Monday in month
-	-	-	-	-	25 th July	9 th July
1 st August	6 th August	8 th August	8 th August	15 th August	22 nd August	12 th August
5 th September	3 rd September	12 th September	12 th September	19 th September	26 th September	-
-	-	-	-	17 th October	24 th October	14 th October
7 th November	12 th November	14 th November	14 th November	21 st November	28 th November	11 th November
5 th December	3 rd December	-	-	-	-	9 th December

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